

LE MARS COMMUNITY SCHOOL



February 2024



What is a librarian's favorite vegetable?

Quiet Peas

School information:

Calories K-5 (550-650)

6-8 (600-700)

9-12 (750-850)

STUDENT COST K-12 \$2.60

ADULT COST \$ 4.84

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

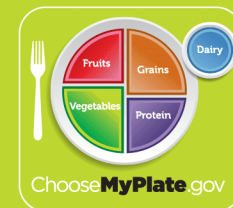
What am I?

I'm a leafy green vegetable that comes in different colors... including red! You most likely eat me in a salad or on a sandwich next to a slice of tomato.

Leaf Lettuce

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Orange chicken Noodles Mixed vegetable Orange	2 Pork patty Hamburger Bun Green beans Fries Pears
5 Mac & Cheese Tea roll Broccoli Lettuce salad Apple sliced	6 Chicken patty Bun Carrots Fries Bananas	7 Pork Taco Reffried beans Lettuce Salsa Pineapple	8 Chicken noodle Tea roll Carrots Broccoli orange	9 Hamburger Cookie Cucumber celery Peaches
12 Chicken Wrap Baked beans Lettuce Apple slice	13 Beef Nachos Lettuce Tomato Banana	2hr early out 14 Spaghetti w/sauce Cheese Tea roll Broccoli Pears	15 Hamburger Coleslaw Fries Clementines	16 French toast Sausage Yogurt Hashbrown Grape
19 NO SCHOOL President Day	20 Hotdog Cheetos Bake beans Bananas	21 Popcorn chicken Carrot Grape tomato Mix fruit	22 Chilli Cinnamon roll Corn Orange	23 Quesadilla Cucumber Lettuce Pineapple
26 Chicken patty Bun Lettuce Corn Apple slice	27 Pollo Loco Mexican rice Pico de gallo Chips Banana	28 Crispitos Refried beans Salsa Pears 2hr early out	29 Popcorn Chicken Cake Spinach Cauliflower Orange	1 Cheesy Spaghetti Lettuce salad Broccoli Apple sauce



Make your own flavored water at home. Just add some sliced up fruit or vegetables and chill. Try cucumber or mint for a refreshing beverage!

