

LE MARS COMMUNITY SCHOOL



Noviembre 2023



What is a librarian's favorite vegetable?

Quiet Peas

Informacion:

Calorias K-5 (550-650)

6-8 (600-700)

9-12 (750-850)

Costo de Estudiante K-12

\$2.60

COSTO DE ADULTO \$ 4.84

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

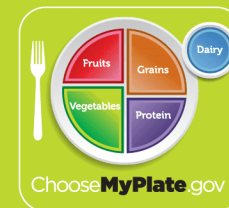
What am I?

I'm a leafy green vegetable that comes in different colors... including red! You most likely eat me in a salad or on a sandwich next to a slice of tomato.

Leaf Lettuce

This institution is an equal
opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sandwich de 1 queso Sopa de tomate Elote Ejotes Fresas	Espaguete Pan de ajo Ensalada Zanahoria Slushie	Tiras de pollo Waffle Ensalada de col Melon
Pancakes Sausage Papas Manzana	Hotdog Cheetos Frijoles horneados Platano	2hr early out Popcorn chicken Zanahoria Ensalada de col Fruta Mixta	Quesadilla Pepino Lechuga Naranja	Chilli Cinnamon roll Elote Duraznos
Sloopy Joe Pan Ensalada Verde Elote manzana	Pollo a la naranja Arroz Vegetales a el vapor Platano	Lasagna/ pollo Pan de ajo Zanahorias peras	Carne con papas/wrap Frijoles fritos Salsa Naranja	Pavo & Gravy Pure de papa Pan - Galleta Ejotes Arandanos/o Calabaza
Tiras de pollo Waffle Frijoles horneados Manzana	Lunchable Zanahoria Ensalada de lechuhga Platano	NO HAY CLASES	NO HAY CLASES ACCION DE GRACIAS	NO HAY CLASES
Pretzel de carne Ensalada Elote Manzana	Sandwich de jamon Frijoles horneados Lechuga Platano	Pan frances Yogurt Ensalada de espinaca Ensalada de fruta	Sandwich de albondigas Lays Camote Naranja	



Make your own flavored water at home. Just add some sliced up fruit or vegetables and chill. Try cucumber or mint for a refreshing beverage!

