

LE MARS COMMUNITY SCHOOL



December 2023



What is a librarian's favorite vegetable?

Quiet Peas

School information:

Calories K-5 (550-650)

6-8 (600-700)

9-12 (750-850)

STUDENT COST K-12 \$2.60

ADULT COST \$ 4.84

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

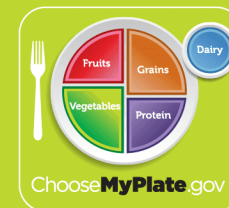
What am I?

I'm a leafy green vegetable that comes in different colors... including red! You most likely eat me in a salad or on a sandwich next to a slice of tomato.

Leaf Lettuce

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pepperoni Pizza Broccoli Lettuce Applesauce
4 Pancakes Sausage Potato Apple	5 Hotdog Cheetos Bake beans Bananas	6 Popcorn chicken Carrot Coleslaw Mix fruit	7 Quesadilla Cucumber Lettuce Orange	8 Chilli Cinnamon roll Corn Peaches
11 Chicken nugget Baked beans Carrots Chips (doritos) Apple slice	12 Chicken sandwich Sweet potato Lettuce Banana	13 2hr early out Spaghetti Meatballs Tea roll Green salad Pears	14 Orange Chicken Noodles Steam vegetable Orange	15 Ham Mashed potato Tea roll Green beans Apple sauce Cookie
18 Mac & Cheese Tea roll Broccoli Lettuce salad Apple sauce	19 Chicken patty Bun Carrots Corn Bananas	20 Pork Taco Reffried beans Lettuce Pears	21 NO SCHOOL Christmas Vacation	22 NO SCHOOL
25	26	27	28	29



Make your own flavored water at home. Just add some sliced up fruit or vegetables and chill. Try cucumber or mint for a refreshing beverage!

