

# Le Mars Community School

## How do you fix a broken tomato?

Tomato paste

Special announcement

**STUDENT COST: \$1.75**  
**ADULT COST : \$1.85**  
**MILK CHOICE: 1% AND SKIM**  
**COST: \$0.50**  
**Choice of cereal and Juice.**

**MENU SUBJECT TO CHANGE  
 WITHOUT NOTICE**

## What am I?

I'm a beautiful red fruit that grows in early summer. I taste sweet and you can eat me in a smoothie, in your cereal, or all by myself.

Strawberry

This institution is an equal opportunity provider.



# February 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Donut 1 Cereal Juice Fresh fruit Milk	Muffin 2 Cereal Juice Fresh fruit Milk	Waffle 3 Cereal Juice Fresh fruit Milk
Poptart 6 Cereal Juice Fresh fruit Milk	Toast 7 Cereal Juice Fresh fruit Milk	Cinniminni 8 Cereal Juice Fresh fruit Milk	Muffin 9 Cereal Juice Fresh fruit Milk	Bagel 10 Cereal Juice Fresh fruit Milk
Poptart 13 Cereal Juice Fresh fruit Milk	Toast 14 Cereal Juice Fresh fruit Milk	Bagel 15 Cereal Juice Fresh fruit Milk	Muffin 16 Cereal Juice Fresh fruit Milk	Pancake 17 Cereal Juice Fresh fruit Milk
20 NO SCHOOL	Toast 21 Cereal Juice Fresh fruit Milk	Pancake 22 Cereal Juice Fresh fruit Milk	Muffin 23 Cereal Juice Fresh fruit Milk	Donut 24 Cereal Juice Fresh fruit Milk
Poptart 27 Cereal Juice Fresh fruit Milk	Toast 28 Cereal Juice Fresh fruit Milk			



As a family create caterpillar kabobs! Assemble chunks of melon, apple, orange and pear on skewers for a fruity kabob. For a veggie version, try zucchini, cucumber, sweet peppers, or tomatoes.

