

MAY 2022

LE MARS COMMUNITY SCHOOL



School Information: Calories K-5 (550-650) 6-8 (600-700) 9-12 (750-850)

Students Age 18 and under are **FREE**
Adult cost \$3.95

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

CHICKEN DRMSTICK RICE
CAKE / APPLES
CARROTS
HS ENTRÉE: COOK CHOICE **2**

HOTDOG BAKE BEANS SALAD
MIXED FRUIT/ COOKIE
HS ENTRÉE: COOK CHOICE **3**

BEEF SPAGHETTI LETTUCE SALAD
BABY CARROTS BANANAS
HS ENTRÉE: COOK CHOICE **4**

Cinco De Mayo
CHICKEN NACHOS
LETTUCE CORN PEACHES
HS ENTRÉE: COOK CHOICE **5**

School Lunch Hero Day
CHEESEBURGER ROMAIN LETTUCE
STRAWBERRIES FRIES
HS ENTRÉE: COOK CHOICE **6**

SLOOPY JOE SALAD
CORN PINEAPPLE
HS ENTRÉE: COOK CHOICE **9**

ORANGE CHICKEN RICE
BROCCOLI APLESAUCE
HS ENTRÉE: COOK CHOICE **10**

BUFFALO CHICKEN SANDWIC
CAKE CARROTS PEARS
HS ENTRÉE: COOK CHOICE **11**

BEEF AND POTATO WRAP
REFRIED BEANS SALSA ORANGE
HS ENTRÉE: COOK CHOICE **12**

TURKEY MEATBALLS W/ GRAV
MASHED POTATO DINNER ROLL
CARROTS CHIPS / SIDEKICK
HS ENTRÉE: COOK CHOICE **13**

CHICKEN NUGGETS COOKIE
BAKE BEANS CARROTS/ PEARS
HS ENTRÉE: COOK CHOICE **16**

QUESADILLA CORN LETTUCE
MIXED FRUIT HS ENTRÉE: COOK CHOICE **17**

SWEET & SOUR CHICKEN
RICE BROCCOLI PINEAPPLE
ENTRÉE: COOK CHOICE **18**

CHICKEN PATTY CARROTS
BANANAS GOGURT HS ENTRÉE: COOK CHOICE **19**

BREAD CHEESE STICK
MARINARA SAUCE MASHED POTATO
GREEN BEANS / APPLES
HS ENTRÉE: COOK CHOCIE **20**

PEPPERONI PIZZA SALAD
BROCCOLI FRUIT HS ENTRÉE: COOK CHOICE **23**

CHILLI HOTDOG CARROTS
LETTUCE SALAD FRUIT HS ENTRÉE: COOK CHOICE **24**

KITCHEN SURPRISE!! **25**

TURKEY WRAP SALAD **LAST DAY SCHOOL**
FRUIT **2 HR EARLY OUT**
HS ENTRÉE: COOK CHOICE **26**

ENJOY THE SUMMER!! **27**

Memorial Day **30**

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