

# SEPTEMBER 2021

## LE MARS COMMUNITY SCHOOL

7:35 to 8:15 AM

### BREAKFAST



**School Information:**  
Milk Choice: 1% and Skim  
Choice of Cereal and Juice  
Fresh Fruit may vary daily



**September is National Biscuit Month.** Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Banana Chocolate Snack Brea **1**  
Cereal  
Juice, Fresh Fruit  
And Milk

Muffin **2**  
Cereal  
Juice, Fresh Fruit  
And Milk

French Toast **3**  
Cereal  
Juice, Fresh Fruit  
And Milk

**Labor Day** **6**

Toast **7**  
Cereal  
Juice, Fresh Fruit  
And Milk

**Cinni Minni Bagels** **8**  
Cereal  
Juice, Fresh Fruit  
And Milk

Muffin **9**  
Cereal  
Juice, Fresh Fruit  
And Milk

Pancakes **10**  
Cereal  
Juice, Fresh Fruit  
And Milk

Pop Tarts **13**  
Cereal  
Juice, Fresh Fruit  
And Milk

Toast **14**  
Cereal  
Juice, Fresh Fruit  
And Milk

Yogurt **15**  
cereal  
Juice, Fresh Fuite  
And Milk

**Muffin** **16**  
**Cereal**  
**Juice, Fresh Fruit**  
**And Milk**

Waffles **17**  
Cereal  
Juice, Fresh Fruit  
And Milk

Pop Tarts **20**  
Cereal  
Juice, Fresh Fruit  
And Milk

toast **21**  
Cereal  
Juice, Fresh Fruit  
And Milk

**First Day of Fall** **22**  
**Little Johns**  
Cereal  
Juice, Fresh Fruit  
And Milk

Muffin **23**  
Cereal  
Juice, Fresh Fruit  
And Milk

**National Horchata Day** **24**  
**Pancakes**  
Cereal  
Juice, Fresh Fruit  
And Milk

Pop Tarts **27**  
Cereal  
Juice, Fresh Fruit  
And Milk

Toast **28**  
Cereal  
Juice, Fresh Fruit  
And Milk

**Bagel** **29**  
Cereal  
Juice, Fresh Fruit  
And Milk

Muffin **30**  
Cereal  
Juice, Fresh Fruit  
And Milk

