

# **Le Mars Middle School Activity/Athletic Expectations**

## Insurance and Physical Examinations

Before any athlete will be allowed to start practice, they must have the following:

- A recent physical examination from the doctor supplied by the school or by your family physician at your own expense. Completed physicals may be turned in to your coach or the middle school nurse.
- Take out accident insurance from the school, or have a waiver form from the school signed by a parent or guardian.
- If an athlete should be injured while at practice, they must report to their coach the nature of the injury and how it happened.

## Attendance in school

- A participant will be ineligible to practice or participate in his/her activity on days that they are absent due to illness.
- Participants who are absent for any other reason are ineligible on that day, unless it has been cleared in advance with the Assistant Principal or Activities Director.
- An unexcused absence from ANY class during a particular school day will make that person ineligible for that day.
- It is the expectation that students participate fully in school physical education classes if the student is participating in athletic functions before or after school.
- If students leave early from school for a game/event, they are expected to check with their teachers PRIOR to leaving to obtain the necessary assignments. They are to return to class with that work completed to the best of their ability.

## General Conduct

- Participants will be considered as “good-will” ambassadors of Le Mars and will conduct themselves as ladies and gentlemen at all times.
- Rules listed under conduct are not intended to be all-inclusive. We expect our students to behave properly. This includes showing respect for others and for the property belonging to others. Students shall conduct themselves in a manner consistent with the policies of the school and/or the school district handbook. Any student conduct, which endangers the property, health, or safety of others or self, impedes the opportunity for that student and others to learn. Violations of school rules will not be tolerated. Police assistance will be requested when local, state, or federal laws are violated.

## After School Practice Guidelines

- Students with late practices (beginning after 4:00 pm) are to dress for practice and report to the commons area by 4 pm. While in the commons, the expectation is that students will be seated and may use the time to study, listen to headphones, or talk quietly.
- Following practice, students may return to their lockers to retrieve any books or personal items. Students are then expected to exit the building. There is no activity bus. Students should have a ride arranged for the end of practice and after a game.

## Personal Appearance

- It is the coach’s/sponsor’s discretion to establish reasonable guidelines at the beginning of each sport’s season to protect the health and safety of each participant.

### Bus Behavior

- Participants will be expected to behave as young adults at all times on bus trips.
- When food or drink is consumed on trips, participants will be responsible for their garbage and dispose of it properly.
- Students may return from an event with their parents or other chaperone only if proper arrangements have been made. This may include but is not limited to parental contact with the coach, written notes from parents or guardian, written notes from both sets of parents (if riding home with another student's parents)

### Academic Eligibility

- To be eligible to participate in activities, students must have passing grades in four major subjects. Teachers report all failing grades to the office at the end of each quarter. If a student is not passing the required number of subjects, that student will not be permitted to participate in events until the reported deficiencies are satisfied. If students are not passing in four major subjects at the end of a quarter, they are ineligible for the entire next quarter.

If not passing 4 full-time courses during: the student will be ineligible during:

Quarter 1	Quarter 2
Semester 1	Semester 2
Quarter 3	Quarter 4
Semester 2	Semester 1-next year

### Eligibility During Disciplinary Situations

- A student may not, under any circumstances, participate in activities when he/she is under suspension or expulsion. Should disciplinary action under Policies 502.3, 502.3.1 or 502.3.2 result in loss of eligibility greater than that outlined above, the more severe loss of eligibility shall prevail.

### Code of Conduct (Code 502.1.1)

- Students are expected to conduct themselves in accordance with the policies, rules and regulations of the Le Mars Community School District and its member schools as well as in compliance with all federal, state and municipal laws. Student eligibility to participate in activities, performances or contests as representatives of the schools or school district is dependent upon the student's conduct throughout the calendar year in relation to this Code.
- Violations of this Code that will impact upon participation eligibility include but are not necessarily limited to any of the following:
  1. An admission, a finding of violation by school administration officials based on a preponderance of the evident, a plea of guilty in court, or a court finding of guilty for possession, consumption sale or distribution of alcoholic beverages;
  2. An admission, a finding of violation by school administration officials based on a preponderance of the evidence, a plea of guilty in court, or a court finding of guilty for the possession, use, distribution or sale of illicit drug paraphernalia, substances, represented to be illicit drugs, or actual illicit drugs to include identifiable illicit drug residue;
  3. An admission, a finding of violation by school administration officials based on a preponderance of the evidence, a plea of guilty in court, or a court finding of guilty for the possession, use, distribution or sale of tobacco products;
  4. An admission, a plea of guilty in court, or a court finding of guilty for the commission of any crime with the exception of a citation for minor traffic law violations;
  5. Infractions(s) concerning school rules to include, but not necessarily be limited to, intentional damage to school property, excessive unexcused absence, flagrant and/or repeated insubordination, harassment or assault behavior directed toward other students or school personnel or other actions which significantly disrupt the educational process.

- In the event that a student finds himself or herself in the company of others where conduct prohibited under this Code is taking place, and he or she fails to leave the vicinity as soon as is practical under the circumstances, said student shall be deemed to be violation of this Code.
- In the event that a student transfers to the Le Mars Community Schools for any reason and school officials are, or become aware, that the student would be ineligible under his or her prior school's Code of Conduct Policy or similar policy, then the provisions of this Code of Conduct Policy shall be applied.
- An infraction shall result in loss of eligibility for seven days and a minimum of one event (public appearance). A second offense shall result in loss of eligibility for 28 days and a minimum of four events (public appearances). In the instance of infractions involving alcohol, illicit drugs or assaultive behavior, a student must agree to an immediate assessment from a school-approved treatment/counseling agency and agree to follow the recommendations of the assessment counselor. All assessment and treatment shall be at no cost to the school district. A student with a third offense will be declared ineligible for a period of twelve calendar months. Any subsequent violations of the code will result in permanent ineligibility for as long as student attends Le Mars Community Schools.

Please detach and return the portion below, with the appropriate signatures to the coach by the designated due date. Failure to return this slip may result in practice eligibility as determined by the middle school administration and/or activities director.

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I agree, acknowledge and authorize the participation of and my child's participation in the student activities/athletics of the Le Mars Community School District shall be in accordance with the rules and regulations set out in the attached expectation sheets.

Parent/Guardian Signature: \_\_\_\_\_

I, a student of the Le Mars Community School District, do hereby acknowledge that I have read, examined, and have had explained to me the behavior guidelines and policies outlined in the attached expectation sheets. I agree to abide by the expectations listed on those sheets.

Student Signature: \_\_\_\_\_

Date \_\_\_\_\_