

JANUARY 2019

LE MARS COMMUNITY SCHOOL

MILK CHOICE: 1% AND SKIM
CHOICE OF CEREAL AND JUICE
FRESH FRUIT MAY VARY DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL	2 NO SCHOOL	3 CEREAL, MUFFINS JUICE, FRESH FRUIT WITH MILK	4 CEREAL, PANCAKES JUICE, FRESH FRUIT WITH MILK
7 CEREAL, POP-TART JUICE, FRESH FRUIT WITH MILK	8 CEREAL, TOAST JUICE, FRESH FRUIT WITH MILK	9 SNACK BREAD BANANA CHOCOLATE JUICE, FRESH FRUIT WITH MILK	10 CEREAL, MUFFINS JUICE, FRESH FRUIT WITH MILK	11 CEREAL, WAFFLES JUICE, FRESH FRUIT WITH MILK
14 CEREAL, POP-TART JUICE, FRESH FRUIT WITH MILK	15 CEREAL OR EGG SANDWICH JUICE, FRESH FRUIT WITH MILK	16 CEREAL, LITTLE JOHNS JUICE, FRESH FRUIT WITH MILK	17 CEREAL, MUFFINS JUICE, FRESH FRUIT WITH MILK	18 CEREAL, FRENCH TOAST JUICE, FRESH FRUIT WITH MILK
21 CEREAL, POP-TART JUICE, FRESH FRUIT WITH MILK	22 CEREAL, TOAST JUICE, FRESH FRUIT WITH MILK	23 SNACK BREAD BLUEBERRY JUICE, FRESH FRUIT WITH MILK	24 CEREAL, MUFFINS JUICE, FRESH FRUIT WITH MILK	25 CEREAL, PANCAKES JUICE, FRESH FRUIT WITH MILK
28 CEREAL, POP-TART JUICE, FRESH FRUIT WITH MILK	29 CEREAL OR EGG SANDWICH JUICE, FRESH FRUIT WITH MILK	30 CEREAL, DONUT JUICE, FRESH FRUIT WITH MILK	31 CEREAL, MUFFINS JUICE, FRESH FRUIT WITH MILK	