

## **DECEMBER 2018**LE MARS COMMUNITY SCHOOL

CALORIE TARGET K-5 550-650 6-8 600-700 9-12 750-850

			*			
	Monday	Tuesday	Wednesday	Thursday	Friday	傑
	CHICKEN DRUMSTICK BREAD WHIP POTATOES / GRAVY DICED CARROTS PEARS ENTRÉE: CORNDOG	PULL PORK SANDWICH GREEN BEANS LETTUCE SALAD APPLESAUCE CHIPS ENTRÉE: SEASONED TURKEY PATTY	TAVERNS POTATO FRIES MIX FRUIT ENTRÉE: TUNA MELT	GRILL CHICKEN SANDWICH BROCCOLI LETTUCE SALAD SIDE KICKS ENTRÉE: CHEESEBURGER	CHEESEBURGERS BAKE BEANS FRUIT CRISP LETTUCE ENTRÉE: HAM / CHEESE SANDWICH	
	CHICKEN NUGGETS CHEESY POTATOES DICED CARROTS MIXED FRUIT BREAD ENTRÉE: SHRIMP POPPERS/CHEESE	CREAM TURKEY BISCUIT GREEN BEANS APPLESAUCE BREADSTICKS ENTRÉE: SHREDDED BEEF/GRAVY	BREADED PORK SANDWICH FRIES MIX VEGETABLES PEARS ENTRÉE: ITALIAN CHICKEN	CHILI / CHEESE CORN PEACHES CINNAMON ROLL / CRACKERS ENTRÉE: CHICKEN TORTILLA SOUP	ITALIAN CHICKEN SANDWICH STUFFING BROCCOLI LETTUCE SALAD APPLE ENTRÉE: PORK SANDWICH	
	CHICKEN ALFREDO DICED CARROTS LETTUCE SALAD MANDARIN ORANGES GARLIC TOAST ENTRÉE: TUNA BAKE	BREADED CHICKEN SANDWICH BAKE BEANS APPLESAUCE ENTRÉE: FISH SANDWICH	SHREDDED BEEF SANDWICH FRENCH FRIES CARROT STICKS FRESH FRUIT ENTRÉE: MR RIBB	PEPPERONI PIZZA MIX VEGETABLES LETTUCE SALAD PEACHES BREAD ENTRÉE: CHEESE BREAD	CHICKEN HOLIDAY NUGGETS RICE PILAF BROCCOLI LETTUCE MIX FRUIT ENTRÉE: MINI CORN DOGS	
I	CHRISTMAS HOLIDAY	CHRISTMAS DAY	NO SCHOOL	NO SCHOOL	NO SCHOOL	
	NO SCHOOL		**			I

"This institution is an equal opportunity provider"