

OCTOBER 2018

LE MARS COMMUNITY SCHOOLS

MILK CHOICE 1% AND SKIM
CHOICE OF CEREAL AND JUICE
FRESH FRUIT MAY VARY DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
1 CEREAL, POPTART JUICE, FRESH FRUIT WITH MILK	2 TOAST & EGGS JUICE, FRESH FRUIT WITH MILK	3 CEREAL, MINI DONUT JUICE, FRESH FRUIT WITH MILK	4 CEREAL, MUFFIN JUICE, FRESH FRUIT WITH MILK	5 CEREAL, FRENCH TOAST JUICE, FRESH FRUIT WITH MILK
8 CEREAL, POPTART JUICE, FRESH FRUIT WITH MILK	9 CEREAL, TOAST JUICE, FRESH FRUIT WITH MILK	10 CEREAL, POWDER DONUT JUICE, FRESH FRUIT WITH MILK	11 CEREAL, MUFFIN JUICE, FRESH FRUIT WITH MILK	12 SNACK BREAD BANANA/CHOCOLATE JUICE, FRESH FRUIT WITH MILK
15 CEREAL, POPTART JUICE, FRESH FRUIT WITH MILK	16 TOAST & EGGS JUICE, FRESH FRUIT WITH MILK	17 CEREAL, YOGURT JUICE, FRESH FRUIT WITH MILK	18 CEREAL, MUFFIN JUICE, FRESH FRUIT WITH MILK	19 CEREAL, WAFFLES JUICE, FRESH FRUIT WITH MILK
22 CEREAL, POPTART JUICE, FRESH FRUIT WITH MILK	23 CEREAL, TOAST JUICE, FRESH FRUIT WITH MILK	24 CEREAL, LITTLE JOHNS JUICE, FRESH FRUIT WITH MILK	25 CEREAL, MUFFIN JUICE, FRESH FRUIT WITH MILK	26 SNACK BREAD FRENCH TOAST JUICE, FRESH FRUIT WITH MILK
29 CEREAL, POPTART JUICE, FRESH FRUIT WITH MILK	30 TOAST & EGGS JUICE, FRESH FRUIT WITH MILK	31 CEREAL OR FRUDEL JUICE, FRESH FRUIT WITH MILK		