

BREAKFAST
Le Mars Community

MONTH: August
2018

"This institution is an equal opportunity provider"

1		2		3	
6		7		8	
13		14		15	
20		21		22	
				K-8 cereal, muffin juice, fruit, milk	K-8 french toast ,juice, fruit, milk
				9-12 cereal, muffin, string cheese, juice, fruit, milk	9-12 french toast cereal, juice, fruit, milk
27		28		29	
K-8 cereal, toast, juice, fruit, and milk	K-5 cereal, poptart(1) juice, fruit, milk	K-8 cereal , little johns, juice, fruit, milk	K-8 cereal, muffin juice, fruit, milk	K-8 pancakes ,juice, fruit, milk	
9-12 cereal, toast, juice, fruit, and milk	9-12 cereal, poptart (2) juice, fruit, milk	9-12 cereal, little johns, juice, milk	9-12 cereal, muffin, string cheese, juice, fruit, milk	9-12 pancakes cereal, juice, fruit, milk	

Cereal Choice: Lucky Charms, Cinnamon Toast Crunch, Golden Grahams, Cheerios Honey Nut, Frosted Flakes Multi Grain, Honey Nut Chex, Reeses Puffs. other options available daily

Juice: Apple Juice, Orange Juice, Grape Juice

Fresh Fruit: Daily